

## Activities at All Saints.

*Come and see what's going on.*

### **Hertwise**

Tuesdays 10.00 am -12.00 noon

Each Tuesday the Dementia Café meets in All Saints Church with activities such as clay modelling, quizzes, music, arm chair sport including cricket and yoga, ending with favourite hymns and a prayer. Hollie Rauber Tel 0300 123 4044 leads this and she has many great and imaginative ideas to keep minds active and healthy! See [www.allsaintshertford.org/2018/jul18hwise.pdf](http://www.allsaintshertford.org/2018/jul18hwise.pdf)

### **Soundbites**

Wednesdays lunches from 12.00 noon, concert 1.00 – 1.45pm.

Every Wednesday, during term time we have brilliant music recitals at 1.00pm given by professional or semi-professional musicians, lunch can also be bought and all donations go to pay for the musicians and any profits go to the Music Development Fund to assist our young musicians with lessons. It's a great time to listen to wonderful music and catch up with friends over a bite to eat.

The detailed programme is available at [www.allsaintshertford.org/concerts.php#soundbites](http://www.allsaintshertford.org/concerts.php#soundbites)

### **Thursday Holy Communions**

11.00am – 11.45

A midweek break to sit and reflect, a time of fellowship together and on the first Thursday of the month to have a bite to eat afterwards. Do join us, there are often around 16 of us and it's a lovely friendly group that meet together in the Memorial Chapel.

### **Get up 'n Go**

Thursday afternoon 2.30-4.00

Gentle exercises to aid and maintain mobility and balance. Supervised by a qualified Physiotherapist.

And there are also monthly groups like Bible Book Club, Fellowship Group and Mothers

Union. Upcoming events are listed on page five of this magazine and on line at [www.allsaintshertford.org/groups.php](http://www.allsaintshertford.org/groups.php)

### **Messy Church**

Often on third Sunday at 4.00 pm

Messy Church is a creative, fun packed time each month, held in the church hall, where children and their families can play, create, reflect, sing, pray and eat together. It is a gentle way to think about a Bible story together. Please come and see what it is all about and please tell families you know about it.

Want to know more?

Please contact Kath Oates on 01992 535805 [messy@allsaintshertford.org](mailto:messy@allsaintshertford.org) or visit [www.allsaintshertford.org/messy.php](http://www.allsaintshertford.org/messy.php)

## Have you got some time to help?

### **Welcoming / verging**

Please let me know if you could help out welcoming people for Christenings, Weddings, School Services and events and Funerals.

### **Cleaning Brass**

Sandra and Tony Weedon have kindly cleaned the brass and silver over the last few years and would love someone to take over. This can be done at any time day or night during the week or weekend as you will be given a church key.

### **Serving drinks and meeting people on Mondays 3.00- 5.00**

We would love to continue to open the church to everyone who passes by on Mondays 3.00- 5.00 pm (our Hot Choc Stop) but we would find it easier with a rota of people to help with this. Could you help out once a month?

If you can help out, and it doesn't need to be every week, please talk to Jo on Tel: 01992 584899, [vicar@allsaintshertford.org](mailto:vicar@allsaintshertford.org).