



## Fairtrade Fortnight 29<sup>th</sup> February – 13<sup>th</sup> March

Martin Luther King famously once said: 'Before you finish eating breakfast in the morning, you've depended on more than half the world'. And eating breakfast is just what Fairtrade Fortnight has in mind for you this year - the campaign hopes to get as many people as possible to eat a Fairtrade breakfast in their homes during the Fortnight.

As a spokesperson explains: "It's a scandal that the people who grow the food we take for granted can't always feed their own families. We can support farmers and workers to put food on the table for their families by harnessing the power of a Fairtrade breakfast. When people are paid a fairer price, they can have more control over their lives when times are hard, and worry less about how they will feed their families."

More details at:  
<http://www.fairtrade.org.uk/>

## The Christmas Tree Cross

A Cross made from our Christmas tree will be in church through Lent and various items will be placed with it, reminding us of the lead up to Easter.

- |               |  |
|---------------|--|
| Ash Wednesday | Bread and Stones remind us of the Temptation of Jesus. |
| Lent 2        | A Purple Cloth symbolizes the robe Jesus wore.         |
| Lent 3        | A Crown of Thorns tells of the pain Jesus suffered.    |

- |                  |  |
|------------------|--|
| Mothering Sunday | A Chalice and Paten, Bread and Wine and an open Bible remind us God is the mother of His family, the church. |
| Passion Sunday   | Nails and a hammer tell of the brutal Reality of crucifixion.  |
| Palm Sunday      | Palms greeted Jesus as he rode into Jerusalem.   |
| Maundy Thursday  | A Towel and Bowl with which Jesus washed his disciples' feet.  |
| Good Friday      | A bare cross with just a crown of thorns and cruel nails.  |
| Easter Sunday    | The Cross will be covered in flowers representing the new life from the grave                                |

Please bring a flower to put in the Cross on Easter Day - Thank you!

## Living God's Love



The 2016 diocesan Lent Challenge takes the themes from the Living God's Love prayer – the Diocesan Values for 2016-2020. This is part of the new Diocesan Vision – Living God's Love 2020.

More information on this at  
<http://www.stalbans.anglican.org/faith/living-god-s-love/> and on the challenge at  
<http://www.stalbans.anglican.org/faith/live-the-challenge/>