



Shopping List November/December 2016

Please help feed local people in crisis by buying items from our list and donating them to Hertford & District foodbank.

Thank you!

Long-life Fruit juice 1lt

Small jars Instant coffee 100g

Jars of cooking sauce (sweet & sour /curry)

Packets Instant soup in box of 4

Bottles of Fruit squash

A FEW LITTLE EXTRAS:

Laundry liquid/gel

Washing up liquid

Deodorant/antiperspirant

Toothbrushes

Feminine hygiene

Toilet rolls

Shaving foam/gel

