

# Hertford Foodbank – update May 2013

Janet Bird

During the first 6 weeks of the Foodbank a total of 126 people have received food to help them over a period of crisis.

The support from the people of Hertford has been amazing as donations of food and offers of help in many different forms have been gratefully received by the organizing committee.

As with any new venture there have been a number of teething troubles but thanks to the input and understanding of the many volunteers the Foodbank is being manned 5 days each week.



Hertford for this facility which is able to provide immediate practical help to people when it is most needed.

Donations of food are vital to ensure the continuance of the Foodbank and copies of the Foodbank shopping list are available at the back of the church where you will also find a box in which to place donations. If everybody can donate just one or two items on a regular basis we should be able to keep up with the anticipated demand. We ask that all food donated is well within its sell by date and that packaging is undamaged.



We have now held our first Food Drop and are extremely grateful to Sainsbury's for allowing us to appeal for donations for help from their customers on 17<sup>th</sup> and 18<sup>th</sup> May. We were overwhelmed by the kindness and generosity of the people of Hertford which resulted in donations of food amounting to a staggering metric ton in weight.

Further Food Drops are being planned with Tesco and Waitrose later in the year and the dates will be advertised as soon as the arrangements are finalised.

On behalf of the organising committee I would like to say a very big thank you to everybody who has been able to support the Foodbank, either with donations of food, help with finance or by giving so freely of their time. It is so encouraging to receive the endorsement of the people of

If you would like to know more or would like to help in any way please speak to me or telephone Fran Spence on 01992 586585.

<b>HERTFORD FOODBANK</b>	
Shopping List	
<i>Coffee- instant</i>	<i>Baked Beans</i>
<i>Tea bags</i>	<i>Tinned tomatoes</i>
<i>Hot chocolate</i>	<i>Tinned vegetables</i>
<i>Sugar</i>	<i>Sponge pudding</i>
<i>Bottled squash</i>	<i>Rice pudding tinned</i>
<i>Long life fruit juices</i>	<i>Tinned fruit</i>
<i>Long life milk</i>	<i>Pasta (of any kind)</i>
<i>Cereal box</i>	<i>Rice</i>
<i>Tinned meat</i>	<i>Pasta sauces</i>
<i>Tinned fish</i>	<i>Instant mash potato</i>