

Preparing in Advent and beyond

Living Hope

The Diocesan Advent Challenge this year is called Living Hope and begins on 2nd December. It offers individuals a simple way of taking time each day to reflect and making time to act. Visit <http://www.livethechallenge.co.uk> or Google "live the challenge" and sign up to receive the daily emails or texts.

Living Hope explores the songs of hope in the Bible, using some of the canticles used at Morning and Evening Prayer. How do we live that hope in the world? Where are the places we can sing God's song?

Participants are invited to upload photos and videos of those places where they have sought to sing God's song of hope.

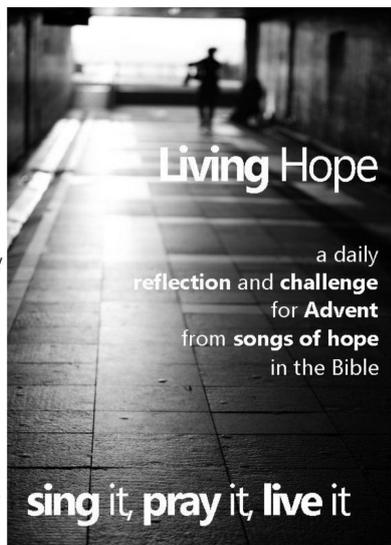
Take time each day in Advent

to stop
to read
to reflect
and to act

You sign up ...
... we'll send you a text or email each day in Advent.

Living Hope is the *Live the Challenge* for Advent 2012. It begins on Sunday 2nd December. You can sign up now.

It takes a look at some of the canticles (or songs) in the Bible.



*God gives hope for the world.
Make a place to **sing it**.
Find a place to **live it**.*

to take part by email or text, sign up at
www.livethechallenge.co.uk
The Diocese of St Albans



If you would like to print out the daily verses to give to people who do not have access to the internet you can find weekly sheets at <http://www.livethechallenge.co.uk/download/>

You will also be able to download again the Wait Look Listen sheets we developed three years ago for families, children and schools to use each day in Advent at <http://www.livethechallenge.co.uk/download/> Telling the Advent story, from creation to Christmas, they introduce a character each day. There are readings, activities, prayer pointers and pictures to colour.

C of E podcasts

There will be daily podcasts Monday to Saturday from November 30th throughout Advent. Each podcast will include a Bible reading, reflection and prayer featuring a range of music from plainsong to worship songs. www.churchofengland.org/advent

Quiet Time

Every Wednesday, including through Lent, Quakers have a half-hour Quiet Time in the Meeting House from 12.30 to 1pm. For those that wish, this is followed with soup in the Quaker Room, except during the period of Lent Lunches. Quakers welcome anyone to join them, whether on an occasional or a regular basis.

Lent Talks and Discussion Evenings

These will be held at the Methodist Church on Mondays in Lent from 8 to 9.30pm. Series begins on 25th Feb, and continue on 4th, 11th, and 18th March.

Lent Lunches

Quaker Room, 50 Railway St.

These will be held every Wednesday during Lent, starting on 13th February. Coffee will be served from 11 to 12 noon and a Sandwich and fruit lunch from 12 noon to 1.30pm. All proceeds to Christian Aid

The overall organiser is Katey Earle (kateyearle@ntlworld.com)