

## Poetry page

### Friendship *Mollie Day*

What makes us have a good week?  
 What makes us not feel bleak?  
 Maybe a casual wave or a smile from a mate,  
 Or a friendly letter offering a date.

To view the world from this lovely space,  
 And find time to cherish and put in place,  
 The many things we love and treasure,  
 And various friends who help in no small  
 measure.

Our hand's we've used and held so much,  
 To give our family and friends a gentle touch  
 With arms outstretched we welcome them  
 In joy and pain we cry, but not condemn.

Instead, we listen and understand them well,  
 So shared time together is purposeful and we  
 long to dwell  
 For the chance to hear the tone of their voice,  
 In song, in chat we can be happy and rejoice.

Also nurture all the times we've had,  
 We feel grateful & uplifted for all that's been  
 glad,  
 Respected always in so many loving ways,  
 As deeds & wishes brighten our days.

Fortunes so often come & go,  
 But true friends remain constant, helping us  
 grow,  
 Some human frailty we have to bear,  
 But how precious to find friends with whom to  
 share.

### Herford *Mollie Day*

Herford is full of tradition and history,  
 Its old buildings of yore flaunting mystery.  
 The town centre with its ancient castle and  
 grounds,  
 With a flower-filled haven and a Norman  
 mound.

The River Lea winds through this quiet place,  
 Providing a home for the birds to enjoy its  
 space,

Central the lofty monument stands proud, a  
 sculptured hart at the head,  
 Here comrades meet, honour and respect the  
 fallen dead.

Local churches too, play an important part,  
 Giving comfort, strength & peace to many a  
 heart.  
 The shops and market may now be small in  
 size,  
 But where friendly help is still a coveted prize.

The plush greenery & rivers that surround the  
 town,  
 Join at Hartham, giving leisure without a frown.  
 Herford wakes a cherished pride,  
 And all its enrichment in one's stride.

Traditions live on from a Royal past,  
 In the hope its customs continue to last.

### Herford Hymn *Doug Loveridge*

**67 67** - Tune: Love Came Down M Archer

Many gifts, one body,  
 Father, build your church anew;  
 By your power, your Spirit,  
 Lead us forward, serving you.

For our town, we thank you,  
 For our common life we pray;  
 Hold us all together,  
 Followers of Christ the Way.

Bless this town, Lord Jesus,  
 With your peace and harmony,  
 May our faith in action  
 Transform our community.

Holy God, your Spirit  
 Draws us into unity;  
 Bringing care and healing,  
 Faith, hope, love and sanctity.

Many gifts, one body;  
 We are called to witness still;  
 Love of Christ in action  
 Strengthen us to do your will.